



Mental Health Services Care Plan

Facility: THE TOWNSVILLE HOSPITAL

(Affix consumer identification label here)

URN: 234530

Family name: GEANEY

Given names: Jeffrey

Address: SMHRU Townsville Hospital 100 Angus Smith Drive, DOUGLAS, 4814

Date of birth: 6/07/1972

Sex: Male

Instruction: this Care Plan must be informed by risk management strategies outlined in the risk screen; outcome measures; and consumer's recovery plan

Mental Health Act Status

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> None | <input checked="" type="checkbox"/> Forensic order (mental health) | <input type="checkbox"/> Treatment support order | <input type="checkbox"/> Transfer recommendation |
| <input type="checkbox"/> Examination authority | <input type="checkbox"/> Forensic order (disability) | <input type="checkbox"/> Person AWA (interstate) | <input type="checkbox"/> Classified (involuntary) |
| <input type="checkbox"/> Examination/judicial order | <input type="checkbox"/> Forensic order (criminal code) | <input type="checkbox"/> Recommendation for assessment | <input type="checkbox"/> Classified (voluntary) |
| <input type="checkbox"/> Treatment authority | | | |

Conditions of order:

Patient not to access mobile phone or internet whilst on leave

LIMITED COMMUNITY TREATMENT ATTACHMENT

Patient's name: Jeff Geaney

THE TRIBUNAL ORDERS THAT limited community treatment is approved for the patient subject to the following conditions:

1. That the patient comply with all appointments for follow up and prescribed treatment, including the taking of prescribed medications, as required by the treating psychiatrist.
2. That the patient abstain from alcohol and co-operate fully in random medical tests for that substance as required by the treating psychiatrist.
3. That the patient not use illicit drugs and co-operate fully in random medical tests for those substances as required by the treating psychiatrist.
4. The limited community treatment is to be progressed on a staged graduated basis to be managed at the discretion of the treating psychiatrist, having regard to the patients clinical condition and assessment of risk at the time of implementation. The patient may undertake treatment or rehabilitation in the community by way of:
 5. Escorted absences by 1 staff member on the grounds of the health service.
 6. Escorted absences by 2 staff members off the grounds of the health service.
 7. On escorted absences, the patient is to be accompanied by a health service staff member/s and shall obey their lawful instructions.
 8. The patient is not to possess any firearm or other offensive weapon.
 9. That the patient not drive a motor vehicle.

Does the consumer have an Advance Health Directive? Y N UK An interpreter was used

Date risk screen completed: _____ Date AOD assessment completed: _____

Clinical goal 1 Treating his Mental Illness (Schizo Affective Disorder)

Aligns to recovery goal Maintaining a stable mood and mental state

Strategies, interventions and involvement of other service providers	Person/service responsible	Target date
- Trial of Clozapine - Psycho-education about Clozapine (attempted through Clozapine Nurse but refused by patient and family) - Close monitoring of physical state specially cardiac issues; because of concerns raised by Jeff in the past; (Regular ECGs; ECHO; Blood Monitoring and Cardiologist opinion if required) - Working with the patient and family to persuade them to consider Clozapine - If Jeff becomes acutely unwell and is not able to deal with stress then, it may be best in Jeff's interest to consider ECT as a viable treatment option. - Close Metabolic Monitoring and involvement with Dietician	- Consultant Psychiatrist - Consultant Psychiatrist - Consultant Psychiatrist - MDT	- asap - asap - asap - asap



MHS - CARE PLAN

First signed by: WILLIAMS, Paul	Discipline: Nurse - Registered	Date: 13/06/2017	Time: 13:10
<p>Note: This document has been signed 1 time(s). Multiple signatures will be listed on the last page where applicable. Electronically signed documents within CIMHA form only part of the consumer's complete clinical record</p>			
Consumer ID: 41541	Date of Birth: 06/07/1972	PDF Ref No: 456130	

Clinical goal 2	Overarching Treatment Plan (Nursing, Psychology, Social Work, Occupational Therapy)		
Aligns to recovery goal	Successfully Transition and be discharged into the Community		
Strategies, interventions and involvement of other service providers		Person/service responsible	Target date
<ul style="list-style-type: none"> - Engage with OT for assessment to identify any deficits whilst in ILU; - One of the barriers to transition to ILU is because the patient refuses to pay rent; we are not able to conduct the patients' financial assessment at this point in time due to flat refusal from the patient; - a QCAT application needs lodged to assess his capacity to manage his financial affairs; this should hopefully simplify the management and also allay concerns regarding money matters as the team and family recently had regarding his TPD. - Patient given information for NDIS to provide future NGO Supports; patient has flatly refused to participate or be registered for NDIS; Jeff refused stating that he doesn't need it at this time; he feels he doesn't need NDIS as he can do everything himself; - Derogatory and racist remarks against community or staff should be avoided and patient should be able to reflect on the comments and to avoid such behaviour. All such incidents should be documented under Riskman. - Family and patient have asked for a move to Brisbane (the Park) as they had lost faith with the treating team, however he is now declining this option. 		<ul style="list-style-type: none"> - Jeff & OT; - SW; 	<ul style="list-style-type: none"> - asap - asap
Clinical goal 3	Media/Phone		
Aligns to recovery goal	To reduce Jeff's risk-taking behaviours whilst using Media/Phone		
Strategies, interventions and involvement of other service providers		Person/service responsible	Target date
<ul style="list-style-type: none"> - Continue to enforce a structure around media and phone, as Jeff has often misused that in the past which has involved risk related activities leading to direct and indirect stress by reducing his autonomy over a period of time and needing more supervision. - Clozapine is an option to reduce the risk and should be seriously considered before access to media or phone is given. 		<ul style="list-style-type: none"> - Consultant Psychiatrist 	<ul style="list-style-type: none"> - asap
Clinical goal 4	Use of Time		
Aligns to recovery goal	Jeff identified that he would like to study		
Strategies, interventions and involvement of other service providers		Person/service responsible	Target date
<ul style="list-style-type: none"> - Jeff's identified that he would like to study Psychology through University and feels that he is running out of time as next admission is in July 2017; staff will assist him to determine what study is available whilst in SMHRU with limited leave, and no internet access. - Jeff needs to demonstrate that when he uses his leave he spends time in the Library and working towards his study goals. - Jeff also identified he would like to lose weight and exercise; OTs continue to offer exercise sessions and document his declines. 		<ul style="list-style-type: none"> - MDT - Jeff & MDT 	<ul style="list-style-type: none"> - asap - asap
Clinical goal 5	Family		
Aligns to recovery goal	Family Intervention and Support		
Strategies, interventions and involvement of other service providers		Person/service responsible	Target date
<ul style="list-style-type: none"> - Regular conversations with the family regarding Jeff's progress and working with them in planning out Jeff's progression through the Mental Health Service; Jeff provided with information on Nominated Support Person; - Family meeting to be held Tuesday 13/6/17 at 9am; via phone. MHRT report will be updated with the outcomes of this meeting. - Provide details of carer support to Family. 		<ul style="list-style-type: none"> - MDT 	<ul style="list-style-type: none"> - asap
Clinical goal 6	Internet Website relating to Mental Health		
Aligns to recovery goal	To avoid such behaviours and to take down the website		
Strategies, interventions and involvement of other service providers		Person/service responsible	Target date
<ul style="list-style-type: none"> - Patient usually documents clinical contact with clinicians on an internet website with names of the clinicians, the roles they play and possibly disclosing their work site thereby exposing them to risk. He needs to understand that this is not his right as he understands is, but is an encroachment on other people's privacy. - The team is of the opinion that this behaviour is worse when mentally unwell and therefore in order to mitigate this risk, use of Clozapine should be done as soon as possible. 		<ul style="list-style-type: none"> - MDT 	<ul style="list-style-type: none"> - asap

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Information provided to consumer/support persons (describe information provided to the consumer/support person regarding this Care Plan, including obligations under the Mental Health Act such as to attend scheduled appointments with their treating service. Note the consumer's/support person's understanding of the information and agreed outcomes)

- Copy of MHRT report;
 - Copy of ARMC;
 - Copy of Care Plan;
- The above will be provided to Jeff and family.

For completion by the consumer (describe your level of agreement with the statement 'This plan will help me reach my recovery goals' and sign below)

Discussed Care plan with Jeff today he has read through it and has advised that:
 1 Steadfastly refuses the option of Clozapine as a treatment option
 2 NDIS Jeff states he does not require this
 3 Refuses QCAT application as he does not believe he requires this as he is capable of managing his own money
 4 Jeff declines to remove his QLDhealth.com Website

Consumer signature:

Persons involved in development of this care plan (such as members of the multidisciplinary team, consumer, carer)

Name	Role/discipline	Contact number
Dr Dasgupta	Consultant Psychiatrist	4433-3880
Paul Williams & Masimba Dune	CNC & CN	"
Alex	Psychologist	"
Sally & Dianne	OT & Social Worker	"

Distribution list (external to Queensland Health)

A copy of this form has been provided to:

- Consumer (persons under the Mental Health Act **must** be given a copy of this Care Plan prior to their physical departure from the AMHS)
 - Family/carer
 - GP
 - Private practitioner
 - Other (specify):
- Consumer signed copy attached

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